

Central Valley Health & Wellness Fitness Schedule

<http://www.centralvalleysd.org/District/calendars>

Center Grange Primary School Gym

\$5 Drop-in Fee per class

December 2011

January 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Zumba 6-7pm	3 Pilates 6:30-7:30pm	4	5 Zumba 6-7pm Pilates 6:30-7:30pm	6	7 * Todd Lane café. Zumba 9-10am
8	9 Zumba 6-7pm	10 Pilates 6:30-7:30pm	11	12 Zumba 6-7pm Pilates 6:30-7:30pm	13	14 * Todd Lane café. Zumba 9-10am
15	16 Zumba 6-7pm	17 Pilates 6:30-7:30pm	18	19 Zumba 6-7pm Pilates 6:30-7:30pm	20	21 Zumba 9-10am
22	23 * Todd Lane cafe Zumba 6-7pm	24 Pilates 6:30-7:30pm	25	26 *Todd Lane cafe Zumba 6-7pm Pilates 6:30-7:30pm	27	28 Zumba Cancelled
29	30 Zumba 6-7pm	31 Pilates 6:30-7:30pm				

* Denotes temporary location change—Todd Lane cafeteria Zumba only.