



# CENTRAL VALLEY

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## SCHOOL DISTRICT

### Central Valley High School Warriors

*Sam Cercone, Director of Athletics/Transportation*

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**TO: Student-Athletes and Parents / Guardians**

**FROM: Sam Cercone – Director of Athletics, Brian Dolph – Assistant Athletic Director**

**RE: Sports Physicals will NOT be offered by the Central Valley School District**

Dear Student-Athletes and Parents / Guardians:

The Central Valley School District will no longer offer sports physicals for the 2019-2020 school year and moving forward, because of a steady decline in the number of student-athletes who have taken advantage of this offer. Other school districts around the area do not offer physicals.

Student-athletes will be responsible to get a sport physical by their family doctor or at one of the Medical clinics in the area (Med-Fast clinic, Walgreens, Heritage Valley Clinic, etc.).

If any student-athlete is planning to participate in any sports in the 2019-2020 school year, he or she must have a physical no earlier than **June 1, 2019**. The physical will then be good for the entire school year. ***A completed PIAA Comprehensive Physical Form is required at the time of the physical appointment. The physical form can be uploaded from our Central Valley website or can be picked up in the High School or Middle School offices.*** Please be aware that when your physical is complete, it **MUST** be turned into the athletic office, or to one of our trainers. We will not accept the form unless it is completely filled out by the parent / guardian, student, and signed by the doctor who issued the physical.

**The PIAA Comprehensive Physical Form, Revised: March 22, 2017 will be the only one accepted by the Central Valley School District. IT MUST BE FULLY COMPLETED and SIGNED BY THE STUDENT, PARENT and DOCTOR.**

Thank you.

Sincerely,  
Sam Cercone, CAA

Brian Dolph